

### Transcript Details

This is a transcript of an educational program. Details about the program and additional media formats for the program are accessible by visiting: <https://reachmd.com/programs/medical-industry-feature/qnatal-advanced-understanding-prenatal-screening/11501/>

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### QNatal® Advanced: Understanding Prenatal Screening

Announcer:

Welcome to ReachMD.

This medical industry feature, titled "Prenatal Screening and QNatal Advanced" is sponsored by Quest Diagnostics, a leader in Women's Health. This program is intended for physicians caring for pregnant women. Presenting is Carrie Guy, Certified Genetic Counselor at Quest Diagnostics

Carrie Guy:

Pregnancy can be an exciting, and anxious time for couples. The good news is that most babies are born healthy. However, about 3-5% of babies are born with a birth defect. To help identify specific health conditions before birth, Quest Diagnostics offers a wide selection of prenatal screening tests recommended by professional societies.

I am Carrie Guy, a board certified genetic counselor. My background includes over 20 years of experience in genetic counseling. I'm a former Assistant Clinical Professor at the University of Oklahoma Health Sciences Center.

Currently, the American College of Obstetricians and Gynecologists recommends that the option for prenatal screening for chromosome abnormalities, including Down syndrome, should be discussed with all pregnant women. Options for prenatal screening include both maternal serum screening and prenatal cell-free DNA screening. Today, I'll be discussing QNatal Advanced, the prenatal cell-free DNA screen offered by Quest Diagnostics. In peer-reviewed studies, it has demonstrated strong performance due to its high sensitivity and specificity. It also has high positive predictive values and a very low 'no-call' rate. A 'no-call' is the percentage of patients whose results are not able to be reported.

As a clinician, I looked for test reports that are clear and that include the information I need to care for my patients. QNatal Advanced results are reported as either positive or negative, with clear color coding to highlight abnormal results. There is an interpretation summary at the top of every report so all of the key information is right there, including potential follow-up recommendations. This makes it easy to counsel patients about next steps.

Working in a busy practice, I needed to focus my time on patient care, not insurance coverage for tests. Quest is an in-network lab with almost all payers. Quest also provides an online Cost Estimator to help determine out-of-pocket patient responsibility, prior authorization services for all QNatal Advanced orders, and coverage for insured and uninsured patients. We also have a large team of experienced genetic counselors who are available for test consultation. You can find the details of each of these programs on the Quest Diagnostics website or on materials provided by the sales team.

So to bring all of this together, I'd just like to remind you of the importance of discussing prenatal screening tests, like QNatal Advanced, with your pregnant patients.

I'm Carrie Guy, Certified Genetic Counselor. Thanks for joining me!

Announcer:

This program was brought to you by Quest Diagnostics, a leader in Women's Health. If you missed any part of this discussion or to find others in this series, visit reach-m-d-dot-com. This is ReachMD. Be part of the knowledge.